

## Franklin Police Department

### Women's Basic Danger Awareness and Self Defense Seminar



The Franklin Police Department will be hosting a free seminar on Women's Danger Awareness and Basic Self Defense.

**Date:** May 16, 2015 from 9:00 AM to 1:00 PM

**Location:** Franklin Police Department, 9455 W. Loomis Road

**Purpose and Objectives:**

The goal of this seminar is to inform participants and to reduce the potential risk of an assault. Through awareness, participants will be given tools to help themselves if involved in a dangerous encounter.

The seminar contains both a lecture and physical activities for those who desire to participate.

Class is open to all women 16 years or older that currently attend Franklin High School, reside in or work in Franklin.

**Note:** If a participant is under the age of 18, a parent or guardian must sign their application and attend the class.

Due to the physical portion of the class, attendees should wear loose fitting clothing such as sweat pants, sweat shirt, or other appropriate gym attire, and gym shoes.

We will provide participants with handouts and water.

**Minimum class size is 15 students. Maximum class size is 20 students.**

**Fee:** Free

To register, complete the attached application and return it to the Franklin Police Department or email it to [dmorris@franklinwi.gov](mailto:dmorris@franklinwi.gov). For questions, please call 414-425-2522.



# Franklin Police Department

## Basic Danger Awareness and Self Defense Seminar Application

CLASS WILL BE HELD AT THE FRANKLIN POLICE DEPARTMENT, 9455 W. LOOMIS RD, FRANKLIN, WI.

<b>Date of Seminar: May 16, 2015 – 9:00 a.m. to 1:00 p.m.</b>
<b>Application is required and due by: May 12, 2015</b>
Name: _____
Date of Birth: _____
Address: _____
Phone Number: _____

*Participants will be asked to participate in a portion of this seminar which has a physical self-defense component. Participation in this segment is NOT mandatory and the attendees can work at their own comfort level.*

*Do you have any medical conditions that the instructors need to be aware of? Yes No*

*If yes, please explain: \_\_\_\_\_*  
\_\_\_\_\_  
\_\_\_\_\_

*Have you had any martial arts or self-defense training? Yes No*

*If yes, please explain: \_\_\_\_\_*  
\_\_\_\_\_  
\_\_\_\_\_

*What are your expectations of this course? \_\_\_\_\_*  
\_\_\_\_\_  
\_\_\_\_\_

*Emergency Contacts:*

1. Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
2. Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

***Waiver: I hereby acknowledge that I will be participating in a seminar which may include participation in physical activities. By signing this application, I hereby release the City of Franklin, the Franklin Police Department and their employees, agents, and/or designees, from any and all liability for any injuries that I may sustain as a result of my participation in this seminar.***

***Participant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_***

***IF UNDER 18 YEARS OF AGE, A PARENT or GUARDIAN SIGNATURE IS REQUIRED:***

***Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_***

\* Fee: FREE

Minimum class size: 15 students. Maximum class size: 20 students. Wear workout clothing and athletic shoes. Participants must either live, be employed in Franklin, or attend Franklin High School. Students under the age of 18 must attend with a parent or guardian. Classes are filled in the order of applications received. Please mail or drop off completed application at the Franklin Police Department, 9455 W. Loomis Road, Franklin, WI. 53132 or e-mail the application to [dmorris@franklinwi.gov](mailto:dmorris@franklinwi.gov). For more information call 414-425-2522.